



2023 -2024 Schedule  
(Tentative Start Date)  
August 21, 2023 - June 8, 2024

15760 S Bell Rd, Homer Glen, IL 60491  
708-301-8181  
momentumdancestudio.com

Monday				Tuesday				Wednesday			
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4
4:00-4:45 Kinderhop JK	4:00-4:45 Preschool Acro LS										
4:45-5:30 Boys Hip Hop JK	4:45-5:30 Primary Acro LS	4:30-5:30 Ballet 1 ES	4:30-5:15 Junior Adaptive Jazz KM	4:30-5:30 Mini Crew DB		4:30-5:15 Dance Explore! ES	4:30-5:30 Tap 1 NB	4:30-5:30 Ballet 2 KM	4:30-5:30 Contemporary 1 NU	4:30-5:30 Ballet 1 ES	4:30-5:30 Musical Theatre 2 NB
5:30-6:30 Adaptive Company JK, KM	5:30-6:30 Company In Training LS	5:30-6:30 Ballet 2 ES	5:30-6:30 Stretch & Conditioning NU	5:30-6:30 Hip Hop 3 DB	5:30-6:30 Adaptive Ballet KM	5:30-6:30 Acro 2 LS	5:30-6:30 Musical Theatre 1 NB	5:30-6:30 Pre-Pointe KM	5:30-6:30 Contemporary 2 NU	5:30-6:30 Jazz 1 LS	5:30-6:30 Adaptive Tap & Rhythm NB
6:30-7:30 Adaptive Hip Hop JK	6:30-8:00 Mini Company LS	6:30-7:30 Ballet 3 ES	6:30-7:30 Pre-Pointe/ Pointe 1 KM	6:30-7:30 Hip Hop 4 DB	6:30-7:30 Adaptive Jazz KM	6:30-7:30 Jazz 2 ES	6:30-7:30 Jazz 3 NB	6:30-7:30 Acro 3/4 LS		6:30-7:30 PBT 2 ES	6:30-7:30 Tap 2 NB
7:30-8:30 Fitness & Foundations JK		7:30-8:30 Ballet 4 ES	7:30-8:30 Contemporary 3 NU	7:30-9:30 Teen & Senior Company LS, NU		7:30-8:30 Adult Ballet Fit ES	7:30-8:30 Tap 3 NB	7:30-8:30 Jazz 5 LS	7:30-8:30 Teen Ensemble NU	7:30-8:30 Modern 2 ES	7:30-8:30 Adult Tap NB
		8:30-9:30 Ballet 5 ES	8:30-9:30 Contemporary 4 NU					8:30-9:30 Jazz 4 LS	8:30-9:30 Contemporary 5 NU	8:30-9:30 Teen Ballet ES	

Ages 18 mo-2.5 yr	Ages 3-4	Ages 4-5	Ages 5-6	Ages 6-9	Ages 9-11
Ages 11-13	Ages 14-18	Adult Ages 18+	Adaptive Ages 12+	Beginner Ages 11+	Invitation Only

**Classes are subject to change**

NB- Nicole Bishop, DB- Diamond Burdine, JK- Justin Kimball, MK- Marianne Kyler, KM- Kaleigh Meeks, LS- Lauren Skiniotes,  
ES- Elizabeth Stepien, NU- Nina Ulman, RW- Rachel Ward



Thursday				Friday				Saturday Morning		Wednesday Morning	
Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 3	Studio 4	Studio 1	Studio 2	Studio 1	Studio 2
				4:00-4:45 Twinkletoes MK		4:15-5:00 Adaptive Dance Explore! KM		9:15- 10:00 Tiny Tots MK	Company Rehearsals, Birthday Parties, Girl Scout Classes, and Other Events	9:15- 10:00 Tiny Tots MK	
4:30-5:30 Ballet 3 KM	4:30-5:30 Acro 1 LS	4:30-5:30 Hip Hop 2 DB	4:30-5:30 Modern 1 ES	4:45-5:30 Storybook MK	4:15-5:00 Junior Adaptive Hip Hop JK			10:00-10:45 Storybook MK		10:00-10:45 Twinkletoes MK	
5:30-7:00 Ballet 4 KM	5:30-7:30 Junior Company LS	5:30-6:30 Hip Hop 1 DB	5:30-6:30 PBT 1 ES	5:30-6:30 Kinderdance MK	5:00-6:00 Physically Impaired Dance JK	5:00-6:00 Adaptive Musical Theatre KM		10:45-11:30 Twinkletoes MK		11:00-12:00 Co-Op Dance Party MK	
7:00-8:00 Pointe KM		6:30-7:30 Teen Hip Hop DB	6:30-7:30 Adaptive Lyrical RW	6:00-7:00 Adaptive Company Rehearsals JK, KM				11:30-12:30 Kinderdance MK			
8:00-9:30 Ballet 5 KM		7:30-8:30 Adult Hip Hop DB	7:30-8:30 Teen Contemporary RW	6:30-7:30 Ballet Jazz MK							
			8:30-9:30 Teen Jazz RW								

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# Momentum

## DANCE STUDIO

### **Tiny Tots- Age 18 mo-2.5 yrs**

Parents are welcome inside the classroom in this 45 minutes of creative movement education incorporating rhythm, pre-ballet, puppet-theatre, and stories. **MK**

### **Twinkletoes- Age 3**

45 minutes of creative movement education incorporating rhythm, yoga, pre-ballet, relaxation, puppet-theatre, and stories. **MK**

### **Preschool Acro- Age 3-4**

45 minutes of creative movement education incorporating tumbling, balance, pre-ballet, limbering, imagination play, and stories. **LS**

### **Dance Explore! Ages 3-5**

45 minutes of early childhood dance education incorporating creative movement, imagination, brain and body connection, and stories. **ES, KM**

### **Storybook- Age 4**

45 minutes of a unique approach to pre-ballet and movement education through dances, tumbling, and stories. **MK**

### **Kinderdance- Age 5**

60 minutes of pre-ballet, creative movement, tap, acrobatics, and the overall pleasure that comes from learning to dance. **MK**

### **Primary Acro- Age 5-6**

45 minutes of creative movement education incorporating tumbling, balance, pre-ballet, limbering, imagination play, and stories. **LS**

### **KinderHop- Age 5-6**

45 minutes of pre-breaking, hip hop foundations, grooves, and free dance exploring the basics of hip hop dance. **JK**

### **Ballet Jazz- age 6**

60 minute combination class. Classical ballet positions, technique, and terminology comprise the first 30 minutes, while the second 30 minutes consist of upbeat jazz technique. **MK**

### **Adaptive Dance**

Designed for children and young adults with special needs, we focus on inner core strength, flexibility, coordination, memory skills, rhythm, as well as social and life skills. **JK, KM, NB**

### **Tap**

Students hone a new sense of rhythm in this classic style, with levels from beginning to advanced. Tap shoes are required. **NB**

### **Hip Hop**

A dynamic style of dance with unique history incorporating athleticism and musicality to a high degree. The primary focus is foundational techniques of popping, waving, tutting, and breaking. **DB**

### **Ballet**

Classical ballet is taught in beginning levels 1-2, intermediate level 3, and advanced levels 4-5. Pointe class for ballet is recommended at the intermediate level. A minimum of three years ballet and 10 years of age is required for pointe. **ES, KM**

### **Jazz**

Classical jazz will focus on learning proper dance technique such as isolations of the body, improving performance quality, and developing complex rhythms and progressions. **LS, ES, NB**

### **Contemporary & Lyrical**

A fusion of modern, jazz, and ballet dance, contemporary and lyrical styles are high in demand and ever-evolving. **NU**

### **Modern**

Students will focus on contractions, spirals, basic floor work, and elemental concepts of space, time and force. They will also build core strength and flexibility in a fun and encouraging environment. **ES**

### **Musical Theatre**

Musical Theatre is a jazz-based class filled with Broadway style dancing and music. This form of dancing emphasizes learning performance skills such as connecting with the audience, storytelling, and facial expressions. **NB, KM**

### **Acro**

Students build strength, flexibility, balance, endurance, and tumbling skills all while incorporating the art of dance in this class. Students will be placed on ability, **not age**. We are an Acrobatic Arts certified studio. **LS, DB**

### **Teen Dance- Age 11+**

Encompassing a multitude of styles of dance, from hip hop to jazz to contemporary to ballet, this program is designed for dancers who begin their dance training later in life. **RW, DB, NB, ES**

### **Adult Dance- Ages 17+**

This program is designed for adults with no previous experience necessary. These classes are designed for fitness and fun in a no-judgement zone. Classes are offered in 6 week sessions. **JK, DB, NB, ES**



**Important Dates for the 2023-2024 Season:**

- August 21, 2023- (Tentative) Fall Classes Begin
- August 21, 2023- Tuition Due
- September 4, 2023- Labor Day, **Studio Closed, Makeup classes encouraged**
- September 5, 2023- **Alternate Start Date**
- September 10, 2023- Tuition Due
- October 9, 2023- **Studio Open**
- October 10, 2023- Tuition Due
- October 31, 2023- Halloween, **Studio Closed, Makeup classes encouraged**
- November 10, 2023- Tuition Due
- November 22-25, 2023- Thanksgiving Weekend, **Studio Closed, Makeup classes encouraged**
- December 9-10, 2023- **"The Polar Express" Performance**
- December 10, 2023- Tuition Due
- December 24, 2023- Winter Break, **Studio Closed**
- January 8, 2024- **Classes Resume**
- January 10, 2024- Tuition Due
- January 15, 2024- **Studio Closed, Makeup classes encouraged**
- February 3-4, 2024- **Company Revue**
- February 10, 2024- Tuition Due
- March 10, 2024- Tuition Due
- March 25-31, 2024- Spring Break, **Studio Closed**
- April 10, 2024- Tuition Due
- May 10, 2024- Tuition Due, **Final Payments**
- May 18, 2024- Studio Tech Rehearsal
- May 19, 2024- Picture Day
- May 24-27, 2024- Memorial Day Weekend, **Studio Closed, Makeup classes encouraged**
- June 1, 2024- Studio Dress Rehearsal
- June 5, 2024- Last Day of Classes
- June 6, 2024- Makeup classes for inclement weather
- June 7, 2024- Full Dress Rehearsal
- June 8, 2024- Recital Day